



# Career Counselling

May 2022 Newsletter



Remember - 99% of people you interview with want to find every reason to hire you.

Sheila MuSgrove, Cannexus22

## Should I go to post-secondary right after high school?

A gap year offers undecided students time to reflect, save money, and grow. Confidence in knowing that your choices are your own shows maturity, and allows teens to carve their own path.

The [High School Plus](#) website has an entire page dedicated to the gap year. Research the various options for expanding your interests, developing your skills in leadership or communication, and ideas on how to save money.

One example is the [Discover Year](#) program which offers purposeful opportunities to build confidence and become more resilient. Discover Year is a certified post-secondary program that does involve an application process and program fees.



## Earn Badges & Micro-Credentials



**Looking for an alternative to longer post-secondary programs?** Badges and micro-credentials are more flexible and agile ways to recognize skills in a complex world. Don Presant, from Cannexus22, shared that competency based education is now becoming the focus, especially in fast moving industries like infotechnology and biotechnology.

Consider these flexible, personal learning pathways for skills development and recognition. You can also consider stacking micro-credentials to highlight quick learning experiences.

To learn more, search for micro-credentials in the [High School Plus](#) website.

## Open Up Your Tool Belt



**Having problems opening up your career development tool belt?** Take time in the next weeks to connect with your career counsellor for support to get back in to update and/or view your information. Check out these resources in your High School + site and [Key Resources](#).



*It's time to reflect on skills & talents you've improved on this year. Take some time to document your accomplishments in your [myBlueprint](#) portfolio.*